

# Parenting Courses

Course 1: For those parenting 0 to 10-year-olds

Course 2: For those parenting 11 to 18-year-olds

A Five (5) Week Course

for any parent, step-parent, grandparent, guardian, expectant parent, or caregiver.

Dinner, DVD, Discussion  
Children's Program Provided

Drawing on their own experience of raising four children and having talked to thousands of parents over the years on their parenting courses, Nicky and Sila Lee have developed a DVD course full of valuable advice, practical tips and resources for parents to come back to again and again.

Topics will include: Building a healthy family, five ways of showing love, setting boundaries and when to let go, helping children make good choices, dealing with the big questions (beliefs & values).

*Wednesday evenings -  
April 10th through May 8th  
5:30 - 7:30 pm*

Registration for:      **Parenting Children, for those parenting 0 to 10-year-olds**  
     **Parenting Teens, for those parenting 11 to 18-year-olds**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Names & Ages of Children  
who will need child care:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(no charge for children)

A donation basket will be available each week to cover the cost of the meal.

**REGISTER:** # of Adults \_\_\_\_\_ @ \$10 each = \$ \_\_\_\_\_

**Due by April 9, 2013**

Make check payable to: Trinity Lutheran Church